DLF QEC INNOVATIVE SCHOOL
RIDGE VALLEY
DLF PHASE – IV, GURUGRAM, HARYANA

RVS/CIR/004(A)/2024-25   12th APR 2024

LETTER TO THE PARENTS - PARENTING SESSION
JUNIOR PARENTS

Dear Parents,

We hope this letter finds you and your family in good health and high spirits. We are excited to extend an invitation to you to attend our upcoming parenting session on **'Challenges of New Age Parenting'**, resourced by India's top psychiatrist, Dr. Jitender Nagpal, designed to empower and support you in navigating the joys and challenges of parenthood. The session will be moderated by our honorable Chairperson, Dr. Ameeta Mulla Wattal.

A little bit about Dr. Jitendra Nagpal:
Heading the mental health department at Moolchand Hospital, New Delhi, Dr. Jitendra Nagpal is driven by his mission of unlocking the secrets of mind-transformation and demystifying everyday success-paths for common people. He has been successful across varied psychiatric interventions and has also been associated with EDU TV as the Program Director: Life Skills & School Wellness Program.

Schedule:
The session is scheduled for **Saturday, 20th April 2024** at **8:30 am** at Ridge Valley School. Please find below the link to fill in the Google Form to confirm your attendance and reserve your spot for the session by **Sunday, April 14, 2024**. Should you have any questions or require further information, please contact the Class Teacher. We look forward to welcoming you at this enriching and empowering session.

Link to register for the event:
https://forms.office.com/r/Mdj6iE8WUL

Warm regards

Ms. Nidhi Tewari   Ms. Madhur Usgaonkar
Principal   Director

DLF QEC INNOVATIVE SCHOOL RIDGE VALLEY

cordially invites parents to a session on

'Challenges of New Age Parenting'

KEYNOTE SPEAKER

Mr. Jitender Nagpal

Leading Psychiatrist

MODERATOR

Dr. Ameeta Mulla Wattal

Chairperson and Executive Director Education, Innovations & Training
DLF Schools & Scholarship

Date: 20th April 2024
Time: 8:30 am-9:45 am
Venue: Hall of Celebration